

SCLEROTHERAPY PRE- & POST-OP DIRECTIONS

BEFORE YOUR PROCEDURE

- Wear comfortable clothes and slip on shoes.
- Bring your support hose but do not wear them the morning before your procedure.

DURING YOUR PROCEDURE

- This is a quick procedure. After we mark your leg, inject the solution, and wait 10 minutes, you can put on your support hose and go home.

AFTER YOUR PROCEDURE

- Avoid hot baths and strenuous exercises for 1 week.
- Wear your support hose during the day as directed by your physician.
- Bruising, discoloration, hard bumps, and discomfort along the treated veins is normal.
- Take Ibuprofen and apply a warm, wet compress for discomfort.