



VARICOSE VEIN DAILY ACTIVITY QUESTIONNAIRE
(REQUIRED BY INSURANCE)

Patient name _____ DOB _____

Please indicate how your varicose vein symptoms significantly impact specific activities of daily living (excluding "at work" symptoms).

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|--|------------------------------|-----------------------------|
| 1. Do you have pain when taking a shower or bath? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Do you have any bleeding from the veins? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Does getting dressed hurt? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Does it hurt if you bump your veins? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Does it hurt to cross your legs? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Do you have pain when preparing a meal? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Do you have pain when doing household chores? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Does it hurt to garden or mow the grass? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Do you have pain with exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Do you have pain when grocery shopping? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Do you have pain when you bend or squat? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 12. Does it hurt when you are sleeping? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 13. Does it hurt when your dog or cat jumps on your legs? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 14. Does it hurt to sit for an extended period of time? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 15. Does it hurt to stand for an extended period of time? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 16. Have you been using conservative therapy with the use of medical grade compression stockings (minimum 20mmHg) for at least 3 months? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

If yes, please indicate the date you started wearing the compression stockings: _____

Please list any other pertinent symptoms of your varicose veins that have an impact on your daily living that are not listed above: _____

Patient's signature _____ Date _____