

VENASEAL AFTERCARE INSTRUCTIONS

- Put on the compression stocking directly after the procedure. Please remember to bring your compression stocking with you to the procedure. Wear the stocking daily for the next two weeks. The stocking may be removed at night when sleeping.
- The leg may experience bruising, redness, and inflammation near the treated veins which is to be expected. The leg may also be tender around the treated area, this tenderness can persist up to a month after the procedure depending on the size of the veins being treated. Warm wet compresses aid with the discomfort. Avoid strenuous exercise for two weeks after the procedure as well as avoid hot tubs, baths, and swimming pools. Do not be overly sedentary either, walking is good for the leg and is encouraged.
- You will have a follow up ultrasound scheduled a few days after the procedure. There are usually a few stitches that will be removed at that time and a status report of the treatment progress will be given by the ultrasound technologist.
- You will have a series of short follow up ultrasounds at one month, three months, six months, and at one year after the procedure to ensure the targeted veins have been fully treated and that the remaining veins retain competency. This is to ensure longevity of the treatment.
- All questions and concerns will be gladly addressed by either the doctor, medical assistant or ultrasound technologist by calling the office during normal hours.